

## **SOFTBALL - Mixed**

**Warm up prior to participation and warm down upon conclusion.**

**It is “strongly” recommended that appropriate protective equipment be worn during play.**

**Keep hydrated**

- 1 Each team consists of 9 players (plus substitutes) including the pitcher & catcher. There must be at least two players of each sex on the field at all times.  
**(General Rule 1.1 & 1.2 apply)**
- 2 Each team must bat in order for the duration of the event ensuring that each player receives his/her bat before another player bats twice etc. If a batter bats out of order it is counted as an out.
- 3 Each batter is allowed 2 strikes or 3 balls or a hit of the ball to attempt to gain a base safely. Once play has commenced the batter has 30 seconds to be ready to face their first pitch.
  - 3.1 Any foul ball is registered as strike one regardless of how many fouls are registered.
  - 3.2 A foul ball is a dead ball if it is not caught and all runners must return to the base held at the time of the pitch.
  - 3.3 A foul ball if caught is live and in play. Runners may advance at their own risk but must be touching the base at the time of the catch or return to touch the base before running on.
- 4 An ‘OUT’ consists of: Three strikes, a ball caught in fair or foul territory, a ground ball resulting in a force out or a tag out of either the batter or another base-runner, if the base runner advances on a fly ball which is caught and fails to return to the base, throwing the bat.
- 5 On a force play (for example, the batter running to first base) the fielder need only touch the base while holding (having control of) the ball.
- 6 On a tag play, where the runner has the option to stay at the base or may choose to run, a tag while in possession of the ball must be applied to the runner.
- 7 **Base-Running:**
  - 7.1 The base runner must maintain one foot on the base until the batter hits the ball. There are no ‘lead-off’s’ and no stealing bases.
- 8 **Substitutes**
  - 8.1 Except for injury, substitutions cannot be made during the course of a game. Substitutes are to take the position of the person they replace.
  - 8.2 In the case of injury, the scorer and the opposing team captain must be notified before the substitution is made. Once a player is removed from the game they cannot return for the duration of the game.
- 9 **Pitching**
  - 9.1 The pitcher must give each batter an opportunity to hit the ball (i.e. no intentional walks).
  - 9.2 The umpire has the right to request a new pitcher if he/she is deemed to be time wasting or not able to comply with 9.1.
- 10 **Time Wasting**
  - 10.1 Deliberate time wasting will result in 10 points being deducted from your overall church score.

## **Equipment**

SportsFest Supply all Gear

Competitors to have own personal safety equipment